

Chapter 01: The Nursing Assistant Working in Long-Term Care
Kostelnick: Mosby's Textbook for Long-Term Care Nursing Assistants, 7th Edition

MULTIPLE CHOICE

1. Not relying on or requiring care from others is
- a. Deconditioning
 - b. Independence
 - c. Self-care
 - d. Hospice

ANS: B PTS: 1 REF: 1

2. An acute illness is a(n)
- a. Sudden illness from which a person should recover
 - b. On-going illness for which there is no known cure
 - c. Illness that is slow or gradual in onset
 - d. Illness for which there is no reasonable expectation of recovery

ANS: A PTS: 1 REF: 1

3. An on-going illness that is slow or gradual in onset and for which there is no known cure is a(n) _____ illness.
- a. Acute
 - b. Chronic
 - c. Terminal
 - d. Physical

ANS: B PTS: 1 REF: 1

4. A nursing task is
- a. A nursing care pattern focusing on jobs
 - b. A nursing care pattern in which an RN is responsible for the person's total care
 - c. Care or a function that can be delegated to nursing assistants
 - d. A service that is moved from departments to the bedside

ANS: C PTS: 1 REF: 1

5. The duty or obligation to perform some act or function is known as
- a. Accountability
 - b. Responsibility
 - c. Delegation
 - d. Patient-focused care

ANS: B PTS: 1 REF: 1

6. Persons living in long-term care centers are called
- a. Patients
 - b. Tenants
 - c. Residents
 - d. Individuals

ANS: C PTS: 1 REF: 1

7. Persons receiving care on assisted living units are called
- a. Tenants
 - b. Clients or customers
 - c. Patients
 - d. Residents

ANS: A PTS: 1 REF: 1

8. Who is responsible for the entire nursing staff in a nursing center organization?

- a. Nurse manager
- b. Charge nurse
- c. Staff nurse
- d. Director of nursing

ANS: D PTS: 1 REF: 3-4

9. An assisted living facility

- a. Provides two-three meals a day and housekeeping and laundry services
- b. Is for persons with terminal illnesses
- c. Provides complex on-going rehabilitation
- d. Is for persons with chronic mental illness

ANS: A PTS: 1 REF: 2

10. Which of the following individuals give basic nursing care under the supervision of a licensed nurse?

- a. Nurse practitioners
- b. Social workers
- c. Nursing assistants
- d. Clinical laboratory technologists

ANS: C PTS: 1 REF: 5-6

11. By law, nursing centers must have a medical director, known as which member of the healthcare team?

- a. Doctor
- b. Director of Nursing
- c. Charge Nurse
- d. Hospital Administrator

ANS: A PTS: 1 REF: 5-6

12. Which health team members assess, make nursing diagnoses, plan, implement, and evaluate nursing care?

- a. Physicians
- b. RNs
- c. LPNs
- d. Nursing assistants

ANS: B PTS: 1 REF: 5-6

13. You are part of the

- a. Health team and the nursing team
- b. Board of trustees
- c. Case management team
- d. Prospective payment system

ANS: A PTS: 1 REF: 4-5

14. LPNs/LVNs are supervised by licensed

- a. Physicians, dentists, and RNs
- b. Physical therapists and occupational therapists
- c. Agency administrators
- d. Social workers, pharmacists, and RNs

ANS: A PTS: 1 REF: 4-5

15. Which health team member is responsible for diagnosing and treating diseases and injuries?
- Physician
 - Nurse practitioner
 - RN
 - Physician's assistant
- ANS: A PTS: 1 REF: 5-6
16. Which health team member assesses and plans for the nutritional needs of residents?
- RN
 - Dietitian
 - Pharmacist
 - Physician
- ANS: B PTS: 1 REF: 5-6
17. Which health team member helps residents and families with social, emotional, and environmental issues affecting illness and recovery?
- Speech-language pathologist
 - Podiatrist
 - Activities director
 - Social worker
- ANS: D PTS: 1 REF: 5-6
18. A hospice is a
- Skilled nursing facility
 - Home health care agency
 - Health care program for persons who present dangers to themselves or others
 - Health care agency or program for persons who are terminally ill
- ANS: D PTS: 1 REF: 3
19. A federal health insurance program for persons 65 years of age and older, or for younger people with certain disabilities is
- Private insurance
 - Group insurance
 - An HMO
 - Medicare
- ANS: D PTS: 1 REF: 6-8
20. Medicaid is a
- Preferred provider organization
 - Private insurance plan purchased by individuals
 - Federal health insurance program for persons with disabilities
 - Health care payment program sponsored by the federal government and operated by the states
- ANS: D PTS: 1 REF: 6-8
21. The overall goal of the interdisciplinary health team is to
- Provide quality resident care
 - Carry out the physician's orders
 - Develop care plans for residents
 - Follow center policies and procedures
- ANS: A PTS: 1 REF: 5

22. What must a nursing center have to operate and provide care?
- a. A certificate
 - b. Accreditation
 - c. Policies and procedures
 - d. A license

ANS: D PTS: 1 REF: 8

23. Accreditation for nursing centers is
- a. A voluntary process that signals quality and excellence
 - b. Required to receive Medicare and Medicaid funds
 - c. A federal requirement for a nursing center to operate
 - d. A process required by preferred providers

ANS: A PTS: 1 REF: 8

24. You have an important role in meeting standards and in the survey process. You must do which of the following?
- a. Avoid speaking with the surveyors
 - b. Interview residents and families
 - c. Defer any questions asked to the charge nurse
 - d. Follow center policies and procedures

ANS: D PTS: 1 REF: 8

25. Surveys are done to see if the center meets set standards. Your role in the survey process involves which of the following?
- a. Having good work ethics
 - b. Making sure all staff meet state requirements
 - c. Deciding if the center meets the standards
 - d. Reviewing the nursing department budget

ANS: A PTS: 1 REF: 8

26. Who of the following could act as the case manager in the long-term care setting?
- a. Registered nurse
 - b. Nursing assistant
 - c. Occupational therapy assistant
 - d. Medical physician

ANS: A PTS: 1 REF: 5

27. Case managers are allowed to communicate with insurance companies.
- a. True
 - b. False

ANS: A PTS: 1 REF: 5

28. What protects the public from persons practicing nursing without a license?
- a. OBRA
 - b. The Older Americans Act
 - c. A state's nurse practice act
 - d. Criminal law

ANS: C PTS: 1 REF: 9-10

29. How many hours of instruction for nursing assistant training does OBRA require?
- a. At least 16
 - b. At least 32
 - c. At least 48
 - d. At least 75
- ANS: D PTS: 1 REF: 9-10
30. OBRA requires training and a competency evaluation for nursing assistants working in
- a. Day cares
 - b. Nursing centers
 - c. Hospices
 - d. Doctors' offices
- ANS: B PTS: 1 REF: 9-10
31. The competency evaluation required by OBRA involves a
- a. Written test only
 - b. Skills test only
 - c. Written test and a skills test
 - d. Licensing examination
- ANS: C PTS: 1 REF: 9-10
32. How many testing attempts does OBRA allow?
- a. 1
 - b. At least 2
 - c. At least 3
 - d. At least 4
- ANS: C PTS: 1 REF: 9-10
33. The nursing assistant registry includes information about
- a. Prior elementary education
 - b. Children
 - c. Marriages
 - d. Findings of abuse, neglect, or dishonest use of property
- ANS: D PTS: 1 REF: 10
34. OBRA requires retraining and/or a new competency evaluation for persons who
- a. Have not worked as a nursing assistant for 24 months
 - b. Were found guilty of abuse or neglect
 - c. Were convicted of a crime
 - d. Did not have good performance evaluations
- ANS: A PTS: 1 REF: 10
35. As a nursing assistant, you can
- a. Report changes in the person's condition to the nurse
 - b. Give drugs and insert tubes into body openings
 - c. Take verbal or telephone orders from doctors
 - d. Discuss the person's diagnosis with the family
- ANS: A PTS: 1 REF: 11-12
36. A nurse asks you to perform a task that is beyond the legal limits of your role. You should
- a. Perform the task so that you do not lose your job
 - b. Politely refuse and explain why
 - c. Ignore the request
 - d. Think about it for a few days
- ANS: B PTS: 1 REF: 16-17

44. The Five Rights of Delegation involve the
- Right task, the right circumstances, the right person, the right directions and communication, and the right supervision
 - Right law, the right job description, the right policies and procedures, the right supervision
 - Right task, the right job description, the right person, the right training, and the right supervision
 - Right job description, the right task, the right person, the right directions and communication, and the right supervision

ANS: A PTS: 1 REF: 16

45. A nurse asks you to do a urinary catheterization. This involves sterile technique and inserting a tube into the person's bladder. The nurse gives you very clear instructions. What should you do?
- Perform the task. The nurse's directions were clear.
 - Perform the task if the nurse is available to answer questions.
 - Refuse the task. It is beyond the legal limits of your role.
 - Perform the task if another nursing assistant can help you.

ANS: C PTS: 1 REF: 16-17

46. You can refuse to do a delegated task if
- You are too busy
 - You do not like the task
 - It is the end of your shift and you are ready to go home
 - The task is not in your job description

ANS: D PTS: 1 REF: 16-17