

MULTIPLE CHOICE

1. Not relying on or requiring care from others is:
- deconditioning.
 - independence.
 - self-care.
 - hospice.

ANS: B PTS: 1 REF: 1

2. An acute illness is a(n):
- sudden illness from which a person should recover.
 - ongoing illness for which there is no known cure.
 - illness that is slow or gradual in onset.
 - illness for which there is no reasonable expectation of recovery.

ANS: A PTS: 1 REF: 1

3. An ongoing illness that is slow or gradual in onset and for which there is no known cure is a(n) _____ illness.
- acute
 - chronic
 - terminal
 - physical

ANS: B PTS: 1 REF: 1

4. A nursing task is:
- a nursing care pattern focusing on jobs.
 - a nursing care pattern in which an RN is responsible for the person's total care.
 - care or a function that can be delegated to nursing assistants.
 - a service that is moved from departments to the bedside.

ANS: C PTS: 1 REF: 2

5. The duty or obligation to perform some act or function is known as:
- accountability.
 - responsibility.
 - delegation.
 - patient-focused care.

ANS: B PTS: 1 REF: 2

6. Persons living in long-term care centers are called:
- patients.
 - tenants.
 - residents.
 - individuals.

ANS: C PTS: 1 REF: 2

7. Persons receiving care on assisted living units are called:
- tenants.
 - clients or customers.
 - patients.
 - residents.

ANS: A PTS: 1 REF: 2

8. Who is responsible for the entire nursing staff in a nursing center organization?
- Nurse manager
 - Charge nurse
 - Staff nurse
 - Director of nursing

ANS: D PTS: 1 REF: 4

9. An assisted living facility:
- provides 2 to 3 meals a day and housekeeping and laundry services.
 - is for persons with terminal illnesses.
 - provides complex ongoing rehabilitation.
 - is for persons with chronic mental illness.

ANS: A PTS: 1 REF: 2

10. Which of the following individuals give basic nursing care under the supervision of a licensed nurse?
- Nurse practitioners
 - Social workers
 - Nursing assistants
 - Clinical laboratory technologists
- ANS: C PTS: 1 REF: 5
11. By law, nursing centers must have a medical director, known as which member of the health care team?
- Doctor
 - Director of nursing
 - Charge nurse
 - Hospital administrator
- ANS: A PTS: 1 REF: 4
12. Which health team members assess, make nursing diagnoses, plan, implement, and evaluate nursing care?
- Physicians
 - RNs
 - LPNs
 - Nursing assistants
- ANS: B PTS: 1 REF: 4
13. You are part of the:
- health team and the nursing team.
 - board of trustees.
 - case management team.
 - prospective payment system.
- ANS: A PTS: 1 REF: 4
14. LPNs/LVNs are supervised by licensed:
- physicians, dentists, and RNs
 - physical therapists and occupational therapists
 - agency administrators
 - social workers, pharmacists, and RNs
- ANS: A PTS: 1 REF: 5
15. Which health team member is responsible for diagnosing and treating diseases and injuries?
- Physician
 - Nurse practitioner
 - RN
 - Physician's assistant
- ANS: A PTS: 1 REF: 6
16. Which health team member assesses and plans for the nutritional needs of residents?
- RN
 - Dietitian
 - Pharmacist
 - Physician
- ANS: B PTS: 1 REF: 5
17. Which health team member helps residents and families with social, emotional, and environmental issues affecting illness and recovery?
- Speech-language pathologist
 - Podiatrist
 - Activities director
 - Social worker
- ANS: D PTS: 1 REF: 6
18. A hospice is a:
- skilled nursing facility.
 - home health care agency.
 - health care program for persons who present dangers to themselves or others.
 - health care agency or program for persons who are terminally ill.
- ANS: D PTS: 1 REF: 1
19. A federal health insurance program for persons 65 years of age and older, or for younger people with certain disabilities is:
- private insurance.
 - group insurance.
 - an HMO.
 - Medicare.
- ANS: D PTS: 1 REF: 1

20. Medicaid is a:
- preferred provider organization.
 - private insurance plan purchased by individuals.
 - federal health insurance program for persons with disabilities.
 - health care payment program sponsored by the federal government and operated by the states.
- ANS: D PTS: 1 REF: 1
21. The overall goal of the interdisciplinary team is to:
- provide quality resident care.
 - carry out the physician's orders.
 - develop care plans for residents.
 - follow center policies and procedures.
- ANS: A PTS: 1 REF: 5
22. What must a nursing center have to operate and provide care?
- A certificate
 - Accreditation
 - Policies and procedures
 - A license
- ANS: D PTS: 1 REF: 7
23. Accreditation for nursing centers is:
- a voluntary process that signals quality and excellence.
 - required to receive Medicare and Medicaid funds.
 - a federal requirement for a nursing center to operate.
 - a process required by preferred providers.
- ANS: A PTS: 1 REF: 7
24. You have an important role in meeting standards and in the survey process. You must do which of the following?
- Avoid speaking with the surveyors.
 - Interview residents and families.
 - Defer any questions asked to the charge nurse.
 - Follow center policies and procedures.
- ANS: D PTS: 1 REF: 8
25. Surveys are done to see if the center meets set standards. Your role in the survey process involves which of the following?
- Having good work ethics
 - Making sure all staff meet state requirements
 - Deciding if the center meets the standards
 - Reviewing the nursing department budget
- ANS: A PTS: 1 REF: 7
26. Who of the following could act as the case manager in the long-term care setting?
- Registered nurse
 - Nursing assistant
 - Occupational therapy assistant
 - Medical physician
- ANS: A PTS: 1 REF: 5
27. What protects the public from persons practicing nursing without a license?
- OBRA
 - The Older Americans Act
 - A state's nurse practice act
 - Criminal law
- ANS: C PTS: 1 REF: 5
28. How many hours of instruction for nursing assistant training does OBRA require?
- At least 16
 - At least 32
 - At least 48
 - At least 75
- ANS: D PTS: 1 REF: 8
29. OBRA requires training and a competency evaluation for nursing assistants working in:
- day cares.
 - nursing centers.
 - hospices.
 - doctors' offices.
- ANS: B PTS: 1 REF: 9

30. The competency evaluation required by OBRA involves a:
- written test only.
 - skills test only.
 - written test and a skills test.
 - licensing examination.
- ANS: C PTS: 1 REF: 10
31. How many testing attempts does OBRA allow?
- 1
 - At least 2
 - At least 3
 - At least 4
- ANS: C PTS: 1 REF: 10
32. The nursing assistant registry includes information about:
- prior elementary education.
 - children.
 - marriages.
 - findings of abuse, neglect, or dishonest use of property.
- ANS: D PTS: 1 REF: 10
33. OBRA requires retraining and/or a new competency evaluation for persons who:
- have not worked as a nursing assistant for 24 months.
 - were found guilty of abuse or neglect.
 - were convicted of a crime.
 - did not have good performance evaluations.
- ANS: A PTS: 1 REF: 10
34. As a nursing assistant, you should:
- report changes in the person's condition to the nurse.
 - give drugs and insert tubes into body openings.
 - take verbal or telephone orders from doctors.
 - discuss the person's diagnosis with the family.
- ANS: A PTS: 1 REF: 10
35. A nurse asks you to perform a task that is beyond the legal limits of your role. You should:
- perform the task so that you do not lose your job.
 - politely refuse and explain why.
 - ignore the request.
 - think about it for a few days.
- ANS: B PTS: 1 REF: 11
36. Which of the following indicates what your employer expects you to do?
- Your job description
 - The state nurse practice act
 - OBRA
 - Code of ethics
- ANS: A PTS: 1 REF: 12
37. A nurse can delegate:
- responsibilities.
 - accountability.
 - the Five Rights of Delegation.
 - tasks.
- ANS: D PTS: 1 REF: 12
38. Which nursing team members cannot delegate?
- RNs
 - LPNs
 - LVNs
 - Nursing assistants
- ANS: D PTS: 1 REF: 12
39. Before a nurse delegates a task to you, the nurse must know which of the following?
- If the task fits into your schedule for the day.
 - If you are willing to perform the task.
 - What kind of degree the nurse has?
 - What tasks your state allows nursing assistants to perform?
- ANS: D PTS: 1 REF: 12

40. Certification of the nursing assistant is maintained at the _____ level.

- a. local
- b. state
- c. federal
- d. community

ANS: B PTS: 1 REF: 15

41. The duty or obligation to perform some act or function is:

- a. accountability.
- b. responsibility.
- c. defamation.
- d. malpractice.

ANS: B PTS: 1 REF: 9

42. Does a nurse have to delegate a task to you?

- a. Yes, if the task is in your job description.
- b. Yes, if the nurse teaches you how to perform the task.
- c. No. The nurse makes delegation decisions that are best for the person.
- d. No. The nurse performs the task unless he or she is busy.

ANS: C PTS: 1 REF: 12

43. The Five Rights of Delegation involve the:

- a. right task, the right circumstances, the right person, the right directions and communication, and the right supervision.
- b. right law, the right job description, the right policies and procedures, and the right supervision.
- c. right task, the right job description, the right person, the right training, and the right supervision.
- d. right job description, the right task, the right person, the right directions and communication, and the right supervision.

ANS: A PTS: 1 REF: 15

44. A nurse asks you to do a urinary catheterization. This involves sterile technique and inserting a tube into the person's bladder. The nurse gives you very clear instructions. What should you do?

- a. Perform the task. The nurse's directions were clear.
- b. Perform the task if the nurse is available to answer questions.
- c. Refuse the task. It is beyond the legal limits of your role.
- d. Perform the task if another nursing assistant can help you.

ANS: C PTS: 1 REF: 15

45. You can refuse to do a delegated task if:

- a. you are too busy.
- b. you do not like the task.
- c. it is the end of your shift and you are ready to go home.
- d. the task is not in your job description.

ANS: D PTS: 1 REF: 16

TRUE/FALSE

1. Case managers are allowed to communicate with insurance companies.

ANS: T PTS: 1 REF: 16