

Chapter 1 Introducing Nursing Management

- 1) When planning client care the nurse must be aware that current changes in health care are primarily driven by:
1. Cost of care.
 2. Access to care.
 3. Availability of care.
 4. Quality of care.

Answer: 1

Explanation: 1. Cost is the primary factor driving the changes in health care. Rising costs also affect access to care, availability of care, and quality of care.

Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Comprehension

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Nursing Process: Planning

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Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Comprehension

Learning Outcome: 1-1: Describe the forces that are changing the health care system.

Test Taking Tip: Look for the option that affects all the others.

2) Which is the United States' largest and most expensive health care program?

1. Medicaid
2. Medicare
3. Social Security
4. Temporary Assistance for Needy Families (TANF)

Answer: 2

Explanation: 1. Medicare is the government's largest health care financing program. It serves 40 million people who are elderly and have disabilities. Medicaid is a smaller health care program that serves the poor. Social Security and TANF are not health care programs.

Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Comprehension

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Cognitive Level: Comprehension

Learning Outcome: 1-1: Describe the forces that are changing the health care system.

Test Taking Tip: Reduce the options by those that are not specifically health care programs--Social Security and Temporary Assistance for Needy Families.

3) The nurse explains to the family of an elderly client that the client cannot stay in the hospital for rehabilitation from a hip replacement because Medicare and personal insurance will not continue to pay for hospital care.

Which is the correct way for the nurse to explain diagnostic-related groups (DRGs) to the family?

1. Group of clients with the same diagnosis
2. Fee for service payment plan
3. Group of related diagnoses applying to one client
4. Prospective system of payment for health care

Answer: 4

Explanation: 1. DRGs are a prospective system of payment to providers and organizations for a set amount for a specific condition stipulated in advance. Health care providers have responded to this system by reducing hospital stays. All other answers are incorrect definitions for DRG.

Nursing Process: Planning

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Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Comprehension

Learning Outcome: 1-1: Describe the forces that are changing the health care system.

Test Taking Tip: Make sure basic definitions are known and understood in order to use them in a nursing situation.

4) How would the nurse working in a school clinic that is part of an integrated health care network explain the focus of care to parents and teachers?

1. Hospital care
2. Primary care
3. Specialty care
4. Home care

Answer: 2

- Explanation:
1. Primary care is the focus of integrated health care systems. The goal is to keep the clients healthy, and to prevent hospital stays, visits to specialists, and home health care. Hospital care, specialty care, and home care are not the focus of integrated health care.
Nursing Process: Implementation
Category of Client Need: Safe, Effective Care Environment
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Nursing Process: Implementation
Category of Client Need: Safe, Effective Care Environment
Cognitive Level: Application

Learning Outcome: 1-1: Describe the forces that are changing the health care system.

Test Taking Tip: Make sure basic definitions are known and understood in order to use them in a nursing situation.

5) In order to evaluate the quality of client care in the hospital setting, the nurse manager may ask the nursing staff to:

1. Track the number of supplies used on surgical clients.
2. Document nursing time and tasks spent on direct client care.
3. Administer a client and family satisfaction survey.
4. Assess clients and report acuity to shift supervisors daily.

Answer: 3

Explanation: 1. Client satisfaction surveys can be used to evaluate client needs and how the organization is meeting those needs. Tracking supplies, documenting nursing time, and reporting client acuity can be used for budgeting and staffing purposes.

Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

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Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-2: Explain how quality improvement and benchmarking can reduce medical errors.

Test Taking Tip: Choose the best option that answers the question. The quality of nursing care can only be determined by those receiving nursing care.

6) Health care organizations have used benchmarking to evaluate and enhance quality care by:

1. Comparing outcome indicators between organizations.
2. Comparing internal hospital units.
3. Establishing unit goals.
4. Maintaining effective unit policies.

Answer: 1

Explanation: 1. Benchmarking uses an organization's outcome data and compares it with a similar organization to address strengths and challenges. Evaluating the goals and policies of internal units are not benchmarking.

Nursing Process: Implementation

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Cognitive Level: Comprehension

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Cognitive Level: Comprehension

Learning Outcome: 1-2: Explain how quality improvement and benchmarking can reduce medical errors.

Test Taking Tip: Know and understand basic definitions in order to recognize them in nursing situations.

7) It is known that fewer professional nurses on each unit will have which effect?

1. Cost savings passed on to the client
2. Negative outcomes with surgical clients
3. Decreased mortality rates
4. Increased quality of client care

Answer: 2

Explanation: 1. Recent research has shown a direct relationship between fewer nurses and negative outcomes with surgical clients and increased mortality rates. There are higher client costs related to surgical complications and longer hospital stays. There is decreased quality of client care with fewer nurses.

Nursing Process: Planning

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Cognitive Level: Application

Learning Outcome: 1-4: Describe how evidence-based practice is changing nursing.

Test Taking Tip: Current trends in nursing and health care are important to know and understand.

8) Which action by nurse managers and/or staff will positively impact the nursing shortage?

1. Current nursing faculty members return to work in acute care settings.
2. Shorter hospital stays resulting in decreasing need of nurses in acute care settings.
3. Focus on recruitment of middle school and high school students, men, and minorities to schools of nursing.
4. Increase nursing wages.

Answer: 3

Explanation: 1. Aggressive recruiting in diverse populations and younger students is needed in nursing. More, not less, nursing faculty are needed to increase class size. As hospital stays are shorter, nurses are needed in settings outside of the hospital. Studies have shown that nurses are more interested in improved workplace settings than in increased wages.

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Cognitive Level: Application

Learning Outcome: 1-7: Discuss the changes and challenges that nurses will face in the future.

Test Taking Tip: Look at the outcome of each choice and determine which will have the desired effect of decreasing the overall nursing shortage.

9) The first step in planning course content for in-service education for the nursing staff on cultural diversity is to:

1. Determine how many staff members speak Spanish.
2. Evaluate staff members' knowledge of how religion impacts health care.
3. Plan for a guest speaker with knowledge of racial and ethnic health disparities.
4. Assess local community demographic data.

Answer: 4

Explanation: 1. The first step in planning for cultural diversity is to assess the local community to determine what diversity exists in the community. The staff needs to be culturally sensitive to the needs of all members of the community. Until the assessment is done, it is unknown what language, religion, racial, or ethnic groups are represented in the community.

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Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-3: Discuss how cultural and generational differences affect the health care environment.

Test Taking Tip: Remember the nursing process: Assess before doing anything else!

10) For a new nurse working in a hospital, which management tasks are required?

Select all that apply.

1. Supervise nonprofessional personnel.
2. Evaluate client care.
3. Delegate tasks to nonprofessional personnel.
4. Complete performance evaluations on staff.
5. Communicate with practitioners of other disciplines.
6. Plan unit budget with decreasing resources.

Answer: 1, 2, 3, 5

Explanation: 1. Because there are fewer RNs, all nurses must possess management skills. The new RN will be required to supervise and delegate tasks to nonprofessional nursing staff. Only RNs are allowed to evaluate client care. The RN will communicate with practitioners from many other disciplines. A new RN would not be required to do performance evaluations or plan for budgets.

Nursing Process: Implementation

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Nursing Process: Implementation

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Cognitive Level: Application

Learning Outcome: 1-7: Discuss the changes and challenges that nurses will face in the future.

Test Taking Tip: Remember the responsibilities of a registered nurse when answering questions. The nursing process activities and delegation are universal to every nurse, regardless of level in practice.

- 11) The nurse is assisting a client move from bed to bathroom and notices a spill on the floor. Which is the nurse's first action?
1. Call housekeeping to clean up the spill while the client remains in bed.
 2. Call housekeeping to clean up the spill after assisting the client to the bathroom.
 3. Clean up the spill while the client moves to the bathroom.
 4. Clean up the spill while the nursing assistant assists the client.

Answer: 1

- Explanation: 1. Calling for housekeeping to clean up the spill before moving the client is correct because the nurse is practicing quality management by addressing a problem before it causes a crisis. Taking care of the client is the first priority, which leaves out cleaning up the spill.
Nursing Process: Implementation
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Nursing Process: Implementation
Category of Client Need: Safe, Effective Care Environment
Cognitive Level: Application

Learning Outcome: 1-2: Explain how quality improvement and benchmarking can reduce medical errors.

Test Taking Tip: Familiarize yourself with definitions well enough to be able to apply them in nursing situations. Always take care of the client first.

12) The nurse manager is planning unit orientation for new employees. Which must be considered? Select all that apply. Employee:

1. Cultural diversity
2. Generational differences
3. Socioeconomic status
4. Shifts assigned
5. Retirements on unit

Answer: 1, 2

Explanation: 1. Any time someone is speaking to a group of people, cultural diversity and generational differences must be considered. Employee socioeconomic status, particular shifts assigned, and the number of retirements on the unit are not considerations when teaching new employees the particular information about how the unit works. Shifts assigned and the number of retirements would be useful in decision making about the number of new employees to hire.

Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

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Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-3: Discuss how cultural and generational differences affect the health care environment.

Test Taking Tip: Consider which options reach the desired outcome of orienting new employees.

13) A graduating nurse is deciding which nursing specialty would be a good place to begin a nursing career to ensure long-term stability. Which specialty is most likely to grow in need?

1. Pediatric nursing
2. Psychiatric nursing
3. Geriatric nursing
4. Maternity nursing

Answer: 3

Explanation: 1. As Baby Boomers age, geriatric nursing will be needed more than any other. No other areas have such a demand due to better health practices as people age and living longer.

Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

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Cognitive Level: Application

Learning Outcome: 1-3: Discuss how cultural and generational differences affect the health care environment.

Test Taking Tip: Use knowledge gathered from text study as well as general knowledge to apply it in nursing situations found in some questions.

14) The nurse manager overhears staff discussing the shortage of nurses. The staff is misinformed if which statement is made?

1. There are more nurses retiring than are entering the profession.
2. The demand for nurses is declining because of fewer hospital admissions.
3. There are insufficient numbers of nursing faculty to teach interested students.
4. The number of women in nursing still outnumbers men and minorities.

Answer: 2

Explanation: 1. The demand for nurses is increasing because of sicker clients both in the hospital and in outpatient settings. It is true that more are retiring than are entering (especially Baby Boomers), there are insufficient nursing faculty numbers, and women outnumber men and minorities in the profession.

Nursing Process: Evaluation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

2. The demand for nurses is increasing because of sicker clients both in the hospital and in outpatient settings. It is true that more are retiring than are entering (especially Baby Boomers), there are insufficient nursing faculty numbers, and women outnumber men and minorities in the profession.

Nursing Process: Evaluation

Category of Client Need: Safe, Effective Care Environment

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Nursing Process: Evaluation

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Cognitive Level: Application

Learning Outcome: 1-3: Discuss how cultural and generational differences affect the health care environment.

Test Taking Tip: Remember, only one word of the statement has to be wrong for the entire option to be wrong. The word "misinformed" means the correct option in this case is the wrong option.

15) Place the steps of evidence-based practice in the correct order.

1. Evaluate the evidence.
2. Identify the clinical question.
3. Apply the evidence.
4. Evaluate the outcome.
5. Find the evidence to answer the question.

Answer: 2, 5, 1, 3, 4

Explanation: This follows very closely with the nursing process. The nurse must know the question to be answered before beginning the search for the evidence with which to answer it. Nurses always evaluate an action once it is complete.

Nursing Process: Planning

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-4: Describe how evidence-based practice is changing nursing.

Test Taking Tip: Think about each step in the process and place it in the most logical order to achieve the desired outcome.

16) A nurse practicing evidence-based nursing practice would rely on which to assist in addressing a clinical issue?

1. Intuition
2. Clinical experience
3. Formal knowledge
4. Scientific evidence

Answer: 4

Explanation: 1. Evidence-based practice focuses on addressing issues based on a thorough review of the evidence, usually through scientific literature, to obtain the most useful and appropriate solution. The remaining options rely on other types of knowledge.

Nursing Process: Implementation

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Cognitive Level: Application

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Learning Outcome: 1-4: Describe how evidence-based practice is changing nursing.

Test Taking Tip: Notice the pattern. Intuition, experience, and formal knowledge have nothing to do with scientific evidence per se.

17) Which is most likely to increase participation in the use of evidence-based practice in nursing?

1. Ensure adequate training and encourage its use by the nursing staff.
2. Elicit employee opinions of its use at least four times per year.
3. Give those nurses willing to use it extra recognition.
4. Ensure adequate training, recognition, and easy access to the Internet.

Answer: 4

Explanation: 1. Ensuring adequate training by itself is not enough. Recognition for those willing is also an insufficient motivator. Asking for opinions will also do little to encourage its use. There must be training, easy access, and recognition for using evidence in nursing practice.

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Learning Outcome: 1-4: Describe how evidence-based practice is changing nursing.

Test Taking Tip: Ask yourself which would be the most motivating; it must be easy to do, easy to access, and have some reward to make it worthwhile.

18) Which technology will make nursing care at the bedside more efficient? Select all that apply.

1. Robotics
2. Electronic Health Record
3. Handheld Personal Data Assistants
4. Online Charting

Answer: 1, 2, 3, 4

Explanation: 1. Robotics, electronic health records, PDAs, and online charting have the potential to make nurses more efficient by enhancing communication and planning the overall care of the client at all levels of care.

Nursing Process: Implementation

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Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

4. Robotics, electronic health records, PDAs, and online charting have the potential to make nurses more efficient by enhancing communication and planning the overall care of the client at all levels of care.

Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-5: Explain what emerging technologies will mean for nursing.

Test Taking Tip: Think about the overall outcome of each option and how it relates to the stem of the question.

19) The nurse is trying to understand why an electronic health record is useful to the nurse in the workplace.

Which is an accurate reason for using them?

1. To increase medical errors
2. To increase health care costs
3. To reduce redundancies
4. To decrease efficiency

Answer: 3

Explanation: 1. Electronic health records (EHRs) can reduce redundancies by allowing a client's complete record to be kept in one place, to be accessed by those who are treating the client. They reduce errors, decrease costs, and increase efficiency by having a complete record for use when needed.

Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

2. Electronic health records (EHRs) can reduce redundancies by allowing a client's complete record to be kept in one place, to be accessed by those who are treating the client. They reduce errors, decrease costs, and increase efficiency by having a complete record for use when needed.

Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

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Nursing Process: Assessment

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Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-5: Explain what emerging technologies will mean for nursing.

Test Taking Tip: Think about the end outcome and which is desirable.

20) For a nurse working in a hospital using a robotics pharmacy system, which describes the advantage for nurses?

1. The nurse will be able to leave out some of the 6 rights since the robot checks the medications.
2. The nurse should get medications quicker since the robot can work more consistently without breaks.
3. The nurse can delegate medication administration to the nursing assistant since they have already been checked.
4. The nurse can expect that medication administration will be easier and with less potential for error.

Answer: 2

Explanation: 1. Robots should be able to get medications to the floor more quickly. However, since there is still great room for error, the registered nurse will still have to complete the six rights of medication administration to ensure client safety.

Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

2. Robots should be able to get medications to the floor more quickly. However, since there is still great room for error, the registered nurse will still have to complete the six rights of medication administration to ensure client safety.

Nursing Process: Implementation

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Cognitive Level: Application

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Nursing Process: Implementation

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Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-5: Explain what emerging technologies will mean for nursing.

Test Taking Tip: The entire statement must be correct for the option to be correct.

21) Why must nurses be prepared to respond to a disaster?

1. Nurses must be ready to provide care in risky circumstances without the use of technology.
2. Nurses must be ready to provide care regardless of circumstances that may occur during a disaster.
3. Regardless of what occurs, nurses cannot have fear.
4. Nurses must practice so they make no mistakes during practice drills to eliminate mistakes during a disaster.

Answer: 2

Explanation: 1. Nurses must be prepared to react during a disaster, but no amount of practice drills will eliminate fear or mistakes.

Nursing Process: Planning

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

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Nursing Process: Planning

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Nursing Process: Planning

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

Learning Outcome: 1-6: Explain why preparation is the best defense against disasters.

Test Taking Tip: Think about each option and ask yourself, "Is this logical, and is it feasible in the real world?"

22) The most important aspect of training and practicing for disasters is:

1. Allowing each nurse to take the role with which they are comfortable.
2. Ensuring each nurse can take on all roles as they occur.
3. Addressing concerns of each participating nurse at each disaster exercise.
4. Making sure each nurse can react instinctively regardless of situation.

Answer: 3

Explanation: 1. It is most important, as nurses have concerns and fears at each practice or simulation, that their fears be addressed to ensure nurses are more comfortable in the role as provider of emergency care. Each nurse needs to take responsibility for all roles, and not just those with which they are comfortable. In addition, it is more important that a nurse react with the client's and their own safety in mind.

Nursing Process: Implementation

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

2. It is most important, as nurses have concerns and fears at each practice or simulation, that their fears be addressed to ensure nurses are more comfortable in the role as provider of emergency care. Each nurse needs to take responsibility for all roles, and not just those with which they are comfortable. In addition, it is more important that a nurse react with the client's and their own safety in mind.

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Nursing Process: Implementation

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Nursing Process: Implementation

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

Learning Outcome: 1-6: Explain why preparation is the best defense against disasters.

Test Taking Tip: Think of each outcome and decide whether or not it is desired.

23) The most important nursing diagnosis that must be considered when taking care of clients involved in a disaster is:

1. Caregiver Role Strain, Risk for
2. Nutrition, Less than Body Requirements
3. Pain, Acute
4. Tissue Integrity, Impaired

Answer: 4

Explanation: 1. Tissue Integrity, Impaired is the priority nursing diagnosis among these options. Caregiver role strain and pain are considered "psychosocial" in nature according to NCLEX standards. While nutrition is important to skin integrity and the ability to repair damage, impaired tissue integrity would take priority as this may lead to hypovolemia and shock, or infection and shock. The well-prepared nurse would be able to prioritize these.

Diagnosis

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

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Diagnosis

Category of Client Need: Psychosocial Integrity

Cognitive Level: Application

Learning Outcome: 1-6: Explain why preparation is the best defense against disasters.

Test Taking Tip: When prioritizing nursing diagnoses or nursing actions, ask yourself, "Which one is going to kill my client first?"

24) There are procedural changes on the unit as a direct result of client satisfaction surveys. The person most strategically placed to handle how these changes are initiated is the:

1. Hospital administrator.
2. Nurse manager.
3. Client.
4. Chief executive officer.

Answer: 2

Explanation: 1. The nurse manager is situated on the front lines but is also responsible to the upper management. The manager can be supportive of the feelings of the staff while at the same time adequately and appropriately representing the needs/wants of the administration. The client, CEO, and hospital administrator would not have enough information about the daily unit activities to be effective in instituting these changes.

Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

2. The nurse manager is situated on the front lines but is also responsible to the upper management. The manager can be supportive of the feelings of the staff while at the same time adequately and appropriately representing the needs/wants of the administration. The client, CEO, and hospital administrator would not have enough information about the daily unit activities to be effective in instituting these changes.

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Nursing Process: Implementation

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Nursing Process: Implementation

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-7: Discuss the changes and challenges that nurses will face in the future.

Test Taking Tip: Think about the outcome of each option and determine which option gives the best option for the client and client.

25) Which aspects of nursing in today's health care system must an effective nurse manager be aware of? Select all that apply.

1. Consistency
2. Decreasing resources
3. Adequate staffing
4. Increasing retirees
5. Complicated technology

Answer: 2, 4, 5

Explanation: 1. Nurse managers must be aware of the responsibility of doing more with fewer resources and in some cases, less nursing and support staff. Complicated technology forces the nurse manager to keep up with the ever-present changes within the health care system. The only aspect that is consistent is the rapidly changing system!

Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

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Nursing Process: Assessment

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Nursing Process: Assessment

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Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

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Nursing Process: Assessment

Category of Client Need: Safe, Effective Care Environment

Cognitive Level: Application

Learning Outcome: 1-7: Discuss the changes and challenges that nurses will face in the future.

Test Taking Tip: Look for patterns and current trends in the options. There is a nursing shortage and the health care system is in a constant state of flux.