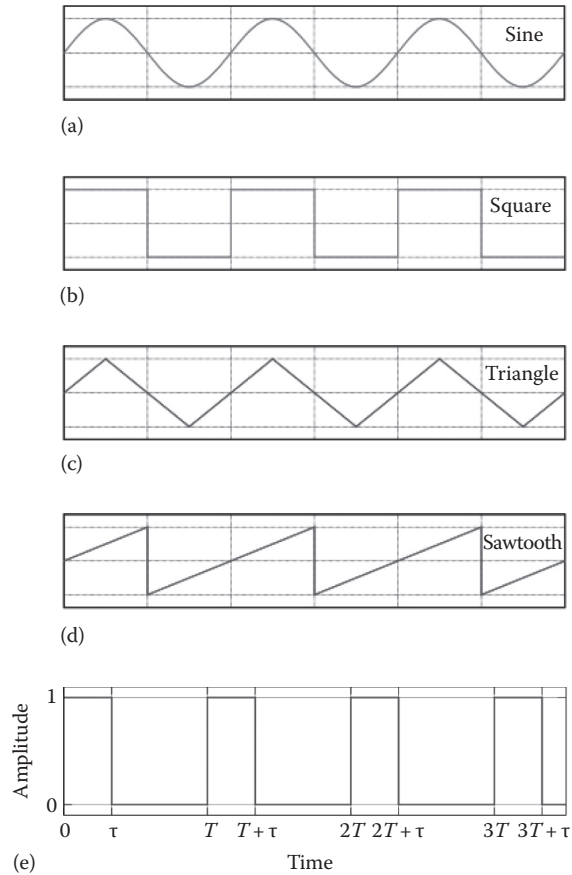


**Figure B.1**

Generic feature of the RMS value of a periodic sinus function versus the time.  $V$  can be replaced by the field  $E$  of the optical waves.



**Figure B.2**

Typical periodic waveforms: (a) sinusoidal, (b) square, (c) triangular, and (d) sawtooth, and (e) pulse sequence with duty cycle of  $\tau/T = D$ .