- 1. How have various societies at various times tried to control the use of alcoholic beverages? What are the control policies today?
- 2. Describe the role that wine played in the lives of ancient Greeks, Romans and Hebrews.
- 3. Describe the connection between xenophobia and Prohibition. How did the Mafia enter the picture? Recount the reasons for the repeal of Prohibition.
- 4. Discuss three major themes that emerge in a study of the history of substance use by the American population and others.
- 5. Compare and contrast Prohibition and the war on drugs in today's world.
- 6. According to the book, all of the following are themes in the history of substance abuse and addiction except:
  - a. cultural traditions breed different reactions to the same drug
  - b. America has had a love/hate relationship with alcohol
  - \*c. Russia has done much to advance the course of addiction treatment
  - d. increased drug potency tends to be associated with prohibition
- 7. This cultural/historical group encouraged complete abstinence from alcohol consumption:
  - a. Greeks
  - \*b. followers of Islam
  - c. Romans
  - d. Hebrews
- 8. Which national or indigenous population introduced marijuana into the "New World"?
  - \*a. the Spaniards
  - b. the Caribbean Indians
  - c. the Mayans
  - d. Indians
- 9. Cocaine use as coca leaf chewing originated with:
  - a. Ancient Greeks
  - \*b. South American indigenous peoples
  - c. Ancient Romans
  - d. Judaism

- 10. The following is a legacy from the Puritans according to the text:

  a. religiosity by the state

  \*b. punitiveness
  c. total abstinence
  d. emphasis placed on leisure
- 11. Early American colonists used alcohol for all except which of the following?
  - a. protection against disease
  - b. as a solvent
  - c. as an antiseptic
  - \*d. as a deodorant
- 12. Technological advances often exceed a people's ability to handle it. What was the turning point for alcohol?
  - a. wineries
  - b. the cotton gin
  - \*c. distillation
  - d. electricity
- 13. In Colonial times the tavern was criticized because of which factor with which it was associated:
  - \*a. male drunkenness
  - b. gambling by kids
  - c. being the headquarters of the suffrage movement
  - d. slave rebellion
- 14. In Colonial America strong drink was thought to:
  - a. cause rickets
  - b. induce pain
  - c. cause seizures
  - \*d. protect against disease
- 15. The behavior most clearly associated with the temperance movement was:
  - a. the enslavement of people
  - b. vegetarianism

*c. moderation of drinking d. total abstinence from all alcoholic beverages
16. Historically, the Chinese have had the biggest problem with which addictive drug?
*a. Opium b. Cocaine c. Marijuana d. Ecstasy
17. The lesson that we can learn from Shane Butler's insightful analysis of treatment in Ireland is the need for:
*a. compatibility between societies' belief systems and publicly instituted policy b. abstinence as a focus of treatment c. a return to Catholic principles d. reunification of north and south in Ireland
a. reunification of north and south in Ireland
18. The American experiment with "prohibition - the noble experiment:"
<ul> <li>*a. caused corruption of police and politicians.</li> <li>b. was successful in reducing heavy alcohol consumption.</li> <li>c. reduced the crime rate.</li> <li>d. was not supported by female suffragists.</li> </ul>
19. Philadelphia physician Benjamin Rush is known for recommending:
<ul> <li>a. pre-temperance ideology.</li> <li>b. the 12 Step program.</li> <li>*c. medical treatment for chronic "inebriates."</li> <li>d. providing combat soldiers with liquor to prevent trauma.</li> </ul>
20. Breweries popped up in the Midwest related to the arrival of
a. the Irish. b. the depression. *c. the Germans. d. the colonists
21. The political family made their money through selling illicit alcohol directly to people at the highest levels of organized crime?

- a. Johnson
- \*b. Kennedy
- c. Lincoln
- d. Bush

22. Which national group is singled out in the text for their healthy enjoyment of Which good wine? nation

al

a. Norwegians

group is

b. Irish

single

c. Russians \*d. Italians

d out

in the

text 23. Which country is considered the world's leading producer of cocaine?

for

their a. Mexico

health b. Canada

\*c. Colombia

enjoym d. Cuba

ent of

good

wine?W

24. About 90% of the world's heroin comes from?

hich

a. Colombia

nation b. Mexico

al

c. Sweden

\*d. Afghanistan

- 25. The following concepts or notions were derived from Bill W. except for:
  - a. powerlessness
  - b. carrying the message to other persons
  - c. seeking divine guidance
  - \*d. empowerment
- 26. Jellinek's major contribution was
  - a. in his work with war trauma
  - \*b. to identify multiple alcoholisms
  - c. display his knowledge of the Greek alphabet
  - d. to introduce the harm reduction model.
- 27. Box 2.1 describes a treatment center in Norway that:

- \*a. is based on a 12 Step approach.
- b. operates within a system that lacks nationalized health care.
- c. utilizes medical management such as Naltrexone in treatment
- d. uses a harm reduction approach
- 28. The harm reduction model was practiced in Europe in modern times chiefly in connection with:
  - a. the spread of methamphetamines.
  - b. the spread of knowledge concerning U.S. practices
  - \*c. fear of the spread of HIV/AIDS
  - d. academic influences
- 29. The Jellinek curve depicts only the Gamma variety of alcoholism.
  - a. True
  - \*b. False
- 30. Alcohol is mentioned 3 times in the 12 Steps.
  - a. True
  - \*b. False